

# Glycerin Soap May Prove Beneficial For Dry Skin

Glycerin soap, as the name implies, is soap that contains glycerin, which is a natural part of fat or oil. Glycerin is commonly found in handmade soap, which is becoming more and more popular among consumers. In the beginning, people turned toward handmade soaps because they were crafty, unique and smelled good. What they did not realize is that handmade glycerin soap is also very good for your skin.

**Glycerin soap is believed to help replenish the skin and add moisture where other conventional soaps, such as some commercial brands, may have stripped.** In industrial soap, glycerin is often removed for use in expensive moisturizers and other skin care products. In handmade soap, however, the glycerin is not usually removed. **The harsh ingredients found in many commercial brands can actually dry out the skin,** which takes away its natural moisture and may lead to damage. **Glycerin soap, on the other hand, is believed to be healthy for the skin and is less likely to cause irritation.** In fact, many users have found that handmade glycerin soap may be especially beneficial to individuals with otherwise sensitive skin.

During the winter months especially, many people suffer from cracked or dry skin. It's uncomfortable, embarrassing and can make even the simplest motion of bending a finger a painful occurrence. While not designed to specifically cure chapped skin, **handmade glycerin soap does help to add moisture and rejuvenate the natural texture of the surface.** When skin becomes chapped, it is because the moisture is stripped away during cold weather, elevated heat temperatures inside the home and lack of moisture in the air. **Many people buy handmade glycerin soap because it helps to prevent dry, itchy skin.**

The information in this article is intended for informational purposes only. It should not be considered as, or used in place of, medical advice or professional recommendations for the cause, diagnosis or treatment of dry skin. If necessary, individuals should consult a medical doctor or dermatologist for information regarding the use of glycerin soap or other effective treatment methods.