

Handmade Soaps – Why they are good?

Soap, one of the oldest cleansers used, is made by chemical reaction caused by a mixture of oil, water, and alkali (lye). When making soap, after the saponification process, all the lye is completely depleted.

Soap has natural moisturizing qualities which have been stripped from modern factory soaps. **While soap is used as a “cleanser”, factory soap is more like a “detergent” and will dry and irritate our skin.** The reason why factory soaps do this to our skin and handmade soaps don't is due to removal of glycerin (a natural bi-product of oil) by commercial soap makers for use in expensive moisturizers and other skin care products. **The use of synthetic, harmful chemicals in factory soap has been scientifically proven to cause harm to the skin over long periods of time.**

Handmade soaps used all time by our ancestors due to their health benefits. Handmade soaps contain the natural glycerin (a humectant in nature) and draws moisture to our skin keeping it healthy and nourished.

Handmade soaps have always been known for the effective cleaning power but scientific studies have shown the benefits of handmade soap to be incredible. It's always been speculated that the handmade soap has **built-in healing properties**. People suffering from skin disorders like eczema, or have excessively sensitive skin, have found relief through the use of handmade soap. **Compared to the factory produced soaps, handmade soaps are much more mild and skin friendly.**

The demand for handmade soap is increasing because of the awareness of the consumer seeking for a better and safer alternative for hazardous chemicals used in commercial soaps.

Benefits of Handmade Soap

- A handmade soap uses only food grade oils.
- Handmade soaps uses only essential oils that soothes and eases body tension.
- Handmade soap contains natural ingredient, helping the skin feel soft after a bath.
- In handmade soap, no lye is present.
- Handmade soaps produces naturally occurring glycerin which is a natural humectant that pulls moisture from the outside environment, bringing it into the skin.
- A handmade soap is of better quality, though much more expensive.